

# **Building Sanctuary | Rebuilding Lives**

The Campaign for Mind Springs Health & West Springs Hospital

Amid all the beauty of Colorado's Western Slope and mountain communities, a desperate problem keeps people in darkness – the severe shortage of psychiatric hospital treatment for those in the anguishing grasp of a mental health emergency. Today, during one of the most painful, terrifying moments of their lives, many are left waiting in emergency rooms or even jail until room in a psychiatric hospital becomes available. It's painful to imagine the suffering of being that ill and not being able to get treatment. It could cost someone's life, and who of us feels comfortable or morally settled with that dark and tragic possibility?


West Springs Hospital is the only psychiatric hospital on the Western Slope. Every year the need grows and the hospital can no longer accommodate everyone who requires our expertise, understanding and compassion. A West Springs Hospital patient recently spoke openly about her stay, saying, *"The most important thing is that I am alive ... I sit here before you today telling you that West Springs Hospital saved my life."* This is why we started Building Sanctuary | Rebuilding Lives, The Campaign for Mind Springs Health and West Springs Hospital. We know that treatment in a patient-centric, healing environment works and not only gives people hope but also the tools to begin recovery.

Please join us in addressing this humanistic dilemma that directly or indirectly affects every one of us. Philanthropy means "for the love of mankind" and that is at the root of our well-crafted vision for the future. We are building a hospital that will alleviate suffering, provide necessary resources, create a true sanctuary and save the lives of Coloradans. This cannot be accomplished alone. Your investment in Mind Springs Health and West Springs Hospital is a testament to your commitment to help us save lives.

Sincerely,



J. Robert Young, Brian Davidson, M.D., Rod and Beth Slifer  
Honorary Co-Chairs


The image is a stylized illustration of a stormy landscape. In the foreground, a grey road with a white dashed line curves to the right. To the left of the road, a yellow diamond-shaped sign with a black border and the word "CAUTION" in bold black letters is mounted on a grey post. Above the road, a white, torn-edged paper note is pinned to the scene. The background features a dark, stormy sky with large, dark blue and teal clouds. A bright light source, possibly the sun or moon, is visible on the horizon, casting a warm glow and creating a lens flare effect. The overall mood is one of danger and hope.

**CAUTION**

### **The Need Is Dire & Waiting Is Painful**

Every day, 8-12 people – our children, parents, siblings, friends and colleagues – are on our wait list. Despite each of them desperately needing our help, we are only able to treat the ones identified as being the most critical and in the least safe environment to wait.

The untreated suffering of those we cannot help creates a devastating ripple effect throughout our entire community. The intense weight of this critical problem, its financial and emotional burden, is felt by everyone in our community, especially those responsible for protecting our lives and safety – our partners in health care, social services, law enforcement and the justice system.



*Feeling isolated and alone with the weight  
of the world is overwhelming, but there is  
hope for healing.*

### **A Place to Heal**

Sadly, we are seeing more children and teens in crisis. Specialized accommodations and programs are planned for the new West Springs Hospital to enhance our young people's healing. When built, the new West Springs Hospital will be one of the most advanced psychiatric hospitals in the country. Most importantly, we will be able to help twice as many people as we can today.

Your investment will pave the path of treating serious psychiatric illness and allow those in need to begin the journey of recovery.

*A healing environment awaits; a soothing, comforting, nurturing place. A place not only to regain stability, but to soar.*



### **A Sanctuary for Those in Need**

We've gathered together the foremost experts in the country – previous patients, law enforcement, emergency personnel, staff and others – to help us design a new hospital that truly reflects the elements of recovery. Very different from today's hospitals, West Springs Hospital will be a home full of natural light and soothing ambiance, yet still safe and secure. There will be places to work privately on recovery as well as to appreciate the important support of family. Being outdoors and exercising heal, and there will be opportunities for both in the new hospital.

Those who join Mind Springs Health in bringing this vision to reality will know the satisfaction of saving and transforming lives.

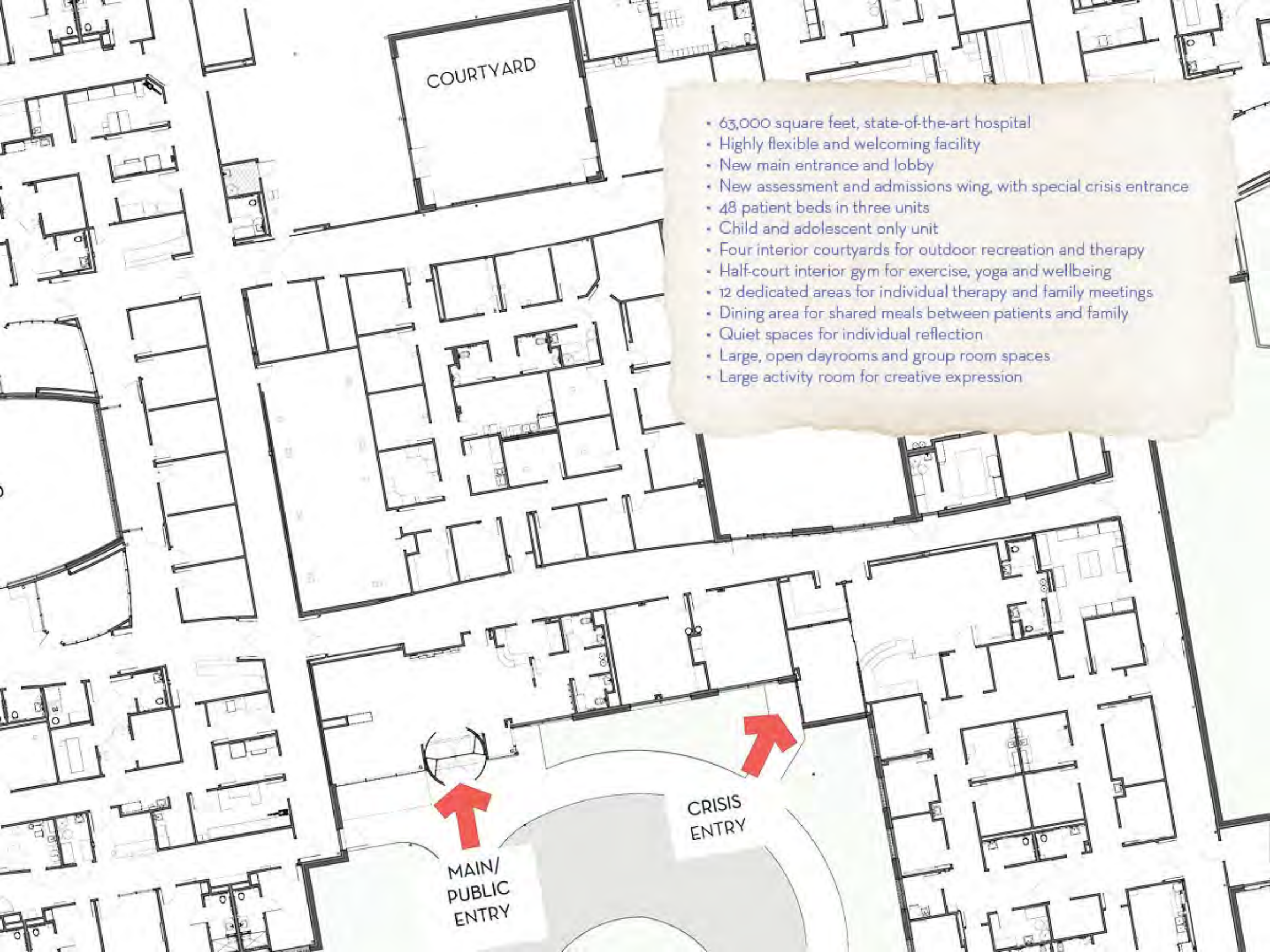




WEST SPRINGS HOSPITAL

CRISIS CENTER

CRISIS CENTER



COURTYARD

- 63,000 square feet, state-of-the-art hospital
- Highly flexible and welcoming facility
- New main entrance and lobby
- New assessment and admissions wing, with special crisis entrance
- 48 patient beds in three units
- Child and adolescent only unit
- Four interior courtyards for outdoor recreation and therapy
- Half-court interior gym for exercise, yoga and wellbeing
- 12 dedicated areas for individual therapy and family meetings
- Dining area for shared meals between patients and family
- Quiet spaces for individual reflection
- Large, open dayrooms and group room spaces
- Large activity room for creative expression



MAIN/  
PUBLIC  
ENTRY



CRISIS  
ENTRY




*There is a place where new beginnings  
take root and growth begins.*



### **Building Blocks to Recovery**

West Springs Hospital compassionately cares for and provides lifesaving treatment to everyone regardless of age, social standing or ability to pay. The new hospital is more than a restorative building. Our expert treatment teams are experienced in the most challenging cases and dedicated to the most advanced practices available.

Your investment, and that of the entire community, is needed to provide this critical sanctuary.



A place where one can rebalance  
and rebuild one's life.

### **The Future Is Bright**

Join with us now in envisioning a future where new understandings of psychiatric care combine with compassionate professionals in a modern and versatile hospital. A place where everyone who needs treatment can receive it. Suffering will be reduced, lives will be transformed, and the benefits of healthier individuals and healthier communities will spread across the Western Slope and mountain communities.

Recovery is possible and brings healing,  
a renewed sense of self-worth and  
reconnection with family, friends  
and community.



## **The Life Saving Impact of Your Investment**

All of us feel the weight of this problem, and want to change the devastating fact that people are living in darkness and lives are being lost unnecessarily.

When you invest now in your fellow Coloradans – your family, neighbors, colleagues, friends, and community members – with a campaign gift to Building Sanctuary | Rebuilding Lives you will:

- Provide patients the opportunity to begin recovery
- Strengthen the emotional and financial health of your community
- Transform inpatient psychiatric care in Western Colorado and mountain communities
- Build one of the most forward-thinking psychiatric hospitals in the country
- Save lives

Your help is needed NOW.





*For more information on how you  
can make a difference, please contact:*

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